




Day 17

Wellness

NHI NGUYEN
USERNAME: NHIHUYNHNGUYEN
GRACE PREP HIGH SCHOOL
HUYNHNHIIIE3103@GMAIL.COM

I'M NOT COMFORTABLE SHARING THIS
ON SOCIAL MEDIA BUT IF I SOMEHOW
EVER WIN, MY SUBMISSION CAN BE
POSTED ON PGC



My Letter

Jenny,

I feel like the letter I wrote for your birthday was kind of a mess so here is another one for you 😊 I'm so so sad I won't be able to see you, or not as often, for the next three weeks but your surgery is important I guess.

I could honestly list a million things or use all the papers in the world (it's not good for the planet) but I will just list a few here. Some reasons why you always lighten up my day and how wonderful you are ♥:

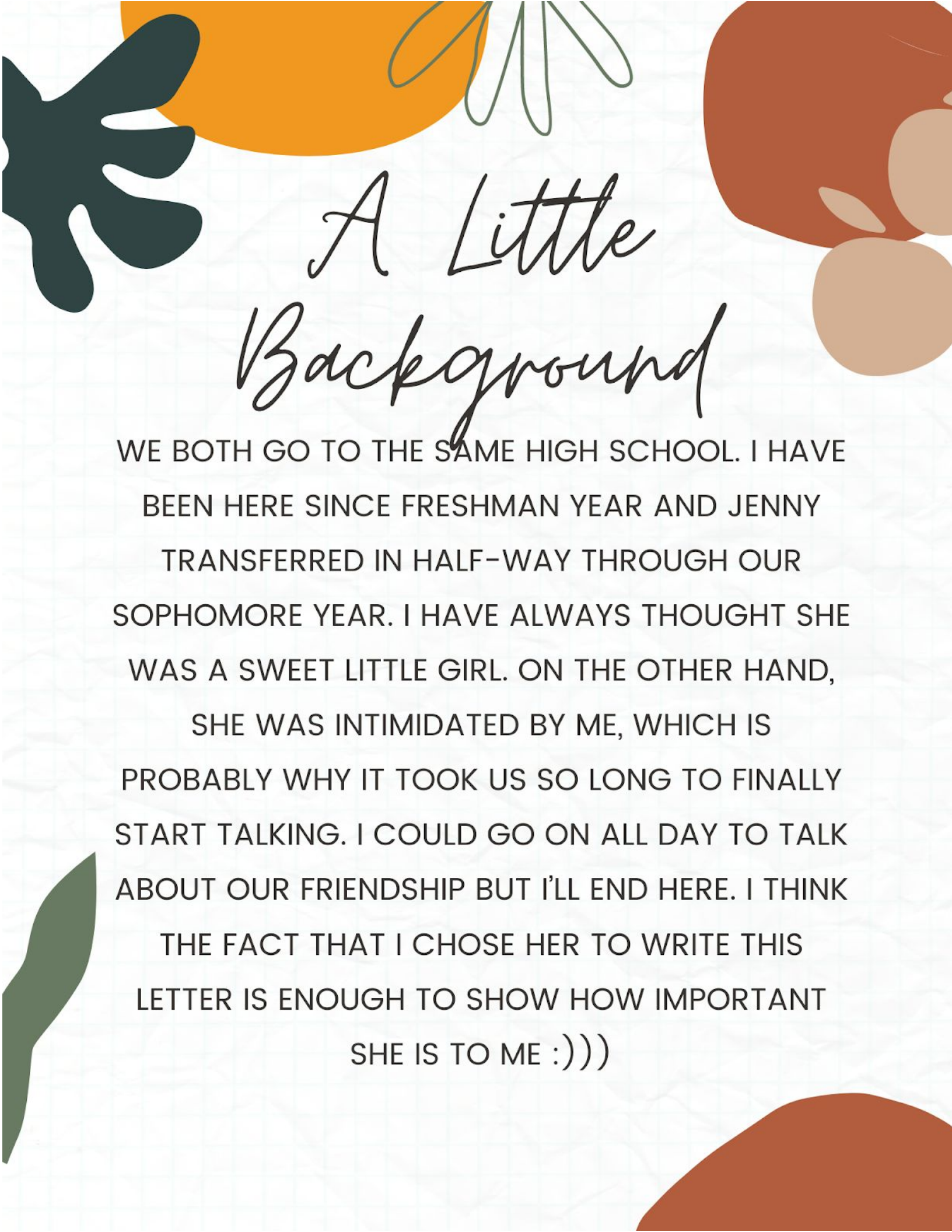
- Encouraging: you always encourage me to keep going whenever I feel discouraged and wanna give up!
- We always talk about the most random things, which I absolutely adore because it reminds me that I need a break and have fun. It reminds me that I'm still a 19-year-old after all and I gotta have my child-like moments
- You always make the most out of everything, no matter what kind of situation you're in. This is so important because there ~~are~~ ^{will be} times when we don't like the circumstances we're in. BUT it's how we react that determines our experience. and you are SUCH a great example of this.
- You are my SAFE space!!! If I ever need someone to talk to or share my struggles or express my feelings, I know I can always come to you. and no matter what I tell you, you won't judge me lolay maybe you make fun of my pronunciation but that's an exception)

- You are literally the most caring person I know. When someone is having a bad day, you're the kind of person who would sit down and comfort them, even if it takes the whole day or even if it messes up your schedule.

You always know how to make me smile and I am BEYOND grateful for you. That might sound a little cheesy coming from me because I never say these sweet things but I really mean it. I honestly don't know how to put it all into words but I feel like I don't tell you enough of how happy I am to have you as my best friend. Although I scared you when we first met, I'm SO GLAD that you followed me on Instagram, that somehow we started talking, and that I had the chance to get to know you better this past year. hopefully, we'll get to go to college together and that our friendship will last forever. ♥

Jenny see I don't know how I will survive this next 3 weeks but I will pray for you and your surgery. I have enjoyed every minute with you and im so happy to have you in my life, I love you Benny Bue ♥
p.s. haha no I did not cry writing this I definitely, def. not...

Kiss you already,
Nhi Nguawen (haha)



A Little Background

WE BOTH GO TO THE SAME HIGH SCHOOL. I HAVE BEEN HERE SINCE FRESHMAN YEAR AND JENNY TRANSFERRED IN HALF-WAY THROUGH OUR SOPHOMORE YEAR. I HAVE ALWAYS THOUGHT SHE WAS A SWEET LITTLE GIRL. ON THE OTHER HAND, SHE WAS INTIMIDATED BY ME, WHICH IS PROBABLY WHY IT TOOK US SO LONG TO FINALLY START TALKING. I COULD GO ON ALL DAY TO TALK ABOUT OUR FRIENDSHIP BUT I'LL END HERE. I THINK THE FACT THAT I CHOSE HER TO WRITE THIS LETTER IS ENOUGH TO SHOW HOW IMPORTANT SHE IS TO ME :)))

Her Reaction



JENNY WAS REALLY BUMPED THAT SHE HAS TO START QUARANTINE FOR TWO WEEKS TOMORROW FOR HER SURGERY. BUT WE GOT COFFEE AND WENT TO A PARK TODAY. SHE HAS BEEN FEELING DOWN THIS WHOLE DAY BECAUSE LAST NIGHT WAS HER LAST SOCCER GAME AND SAID THAT THIS LETTER REALLY MADE HER DAY AND MADE HER FEEL AFFIRMED BECAUSE SHE HAS BEEN DOUBTING HERSELF LATELY. (I WILL GO PUT THE PHYSICAL COPY IN HER MAILBOX TOMORROW)!

Caption

It's proven that showing gratitude not only makes the person receiving it happy but it also lightens up your day as well

So go let someone know that you love and spread positivity! This could be giving your teacher a handwritten letter, texting your brother, replying to your friend's story letting them know how beautiful they are, etc.

I want to thank YOU for supporting me, this page, and my journey in learning about our lovely planet ☐
#pgc2020 @turninggreenorg

